<table>
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<tr>
<td>Author 1</td>
<td>2022</td>
<td>Paper 1</td>
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<td>Paper 2</td>
</tr>
<tr>
<td>Author 3</td>
<td>2018</td>
<td>Paper 3</td>
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Note: The table includes references for further reading on the topic of essential papers on borderline disorders.
Essential Papers On Borderline Disorders: One Hundred Years At The Border (Essential Papers In Psychoanalysis) (Paperback)

Get Me Out of Here

Essential Papers on Narcissism

Essential Papers on Obsessive-Compulsive Disorder

Essential Papers on Personality Disorder Demystified, Revised Edition

Essential Papers on Psychosis

Borderline Personality Disorder Demystified

The Essential Family Guide to Borderline Personality Disorder

Essential Papers on Obsessive-compulsive Disorder

Essential Papers on Object Relations

Essential Papers on Obsessive-compulsive Disorder---Behaviors II: self-harming behaviors and dissociation

Essential Papers on Obsessive-compulsive Disorder---The life story: childhood experiences, development, trauma---Treatment

Essential Papers on Obsessive-compulsive Disorder---The life story: past experiences and the development of the illness

Essential Papers on Obsessive-compulsive Disorder---Themes and variations

Essential Papers on Obsessive-compulsive Disorder---How to cope, how to treat

Essential Papers On Borderline Disorders

Borderline Personality Disorder

Borderline Personality Disorder: A New Guide to Diagnosis and Treatment

Borderline Personality Disorder: The Essential Family Guide

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The Essential Family Guide to Borderline Personality Disorder

Borderline Personality Disorder: A New Guide to Diagnosis and Treatment
Schema Therapy for Borderline Personality Disorder

Borderline Personality Disorder can be described as a mental disorder that affects the way one will think and behave. When the mood of a person is affected, they will also be affected, and these effects will vary from one person to the next. A helpful activity for the individual is to engage in self-care to help maintain their emotional stability.

The Big Book on Borderline Personality Disorder

In this compassionate guide, Jerold Kreisman—author of I Hate You, Don’t Leave Me—offers a psychological overview of what defines a borderline personality. This book is available for purchase through online retailers, such as Amazon.

The Borderline Personality Disorder Workbook

This workbook is designed to help people understand and manage their borderline personality disorder symptoms. It includes exercises, coping strategies, and tips for building a support system.

Communicating With BPD

Dealing With BPD offers advice from someone who’s been there and speaks from inside BPD, with empathy, care, and insight. Author Shehrina Rooney offers strategies for building effective communication with a loved one who has BPD. The book provides tools for understanding BPD, as well as tips for finding support and resources.

The Journal of the American Academy of Psychoanalysis

This journal provides comprehensive coverage of the latest research, theory, and practice in the field of psychoanalysis. It features articles on a wide range of topics, including borderline personality disorder.

Treatment of Borderline Personality Disorder, Second Edition

This book presents an integrative approach to treating BPD, drawing on evidence-based dialectical behavior therapy (DBT), acceptance and commitment therapy (ACT), and other effective treatments. It provides practical strategies for managing BPD symptoms and improving quality of life.

The Borderline Personality Disorder Workbook

This workbook offers a structured approach to understanding and managing BPD symptoms. It includes exercises, case studies, and tips for developing coping strategies.

Stop Walking on Eggshells

This book offers advice on how to effectively communicate with a loved one who has BPD. It provides strategies for setting boundaries and expressing feelings in a safe and non-confrontational manner.

Schema Therapy for Borderline Personality Disorder

This book introducesSchema Therapy for Borderline Personality Disorder, an innovative, evidence-based approach to treating BPD. It provides a comprehensive overview of the therapy’s theory and practice, including case examples and practical applications.

Schema Therapy for Borderline Personality Disorder

This book provides a comprehensive overview of Schema Therapy for Borderline Personality Disorder (BPD). It includes a detailed description of the therapy’s key concepts and techniques, as well as case studies and practical applications.

The Big Book on Borderline Personality Disorder

This book offers advice from someone who’s been there and speaks from inside BPD, with empathy, care, and insight. Author Shehrina Rooney offers strategies for building effective communication with a loved one who has BPD. The book provides tools for understanding BPD, as well as tips for finding support and resources.

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Stop Walking on Eggshells

This book offers advice on how to effectively communicate with a loved one who has BPD. It provides strategies for setting boundaries and expressing feelings in a safe and non-confrontational manner.
Psychological Aspects of Modernity
Jerome Braun 1993 This collaboration of seven scholars in fields such as philosophy, psychology, sociology, and political science makes a serious attempt to provide a realistic and relevant framework for interpreting the way the human personality reacts to strain and pressure, including cultural and social changes.

Stop Walking on Eggshells
Paul T. Mason (M.S.) 2010 Discusses the signs and symptoms of borderline personality disorder and explains how the families and friends of patients can cope with BPD behavior while taking care of themselves.

Borderline Personality Disorder and the Conversational Model: A Clinician's Manual
Russell M. Meares 2012-10-22 The accompanying manual to Dissociation Model of Borderline Personality Disorder. This manual offers therapists and patients a user-friendly guide to general principles of treatment via case examples, therapeutic conversations, and common conundrum problems. Borderline Personality Disorder (BPD) has a suicide rate similar to schizophrenia and major depression, but for many years, it was considered intractable. The Conversational Model is scientifically-based on the research data described in Meares's Dissociation Model of Borderline Personality Disorder, and offers unique treatment protocols for the trauma associated with BPD. Rich with clinical tips and case examples, this book will help a range of mental health professionals working with patients suffering from this debilitating disorder.

Personality Disorder Reviewed
Peter J. Tyrer 1993

Personality-guided Therapy for Depression
Neil R. Barkian 2006 "Describes a promising new approach to treating individuals with complicated depression for whom progress is painfully slow, elusive, or followed by relapses. The causes and experience of depression are influenced by personality style. Depression experienced by a person with a dependent style, for example, differs markedly from that experienced by someone with an antisocial personality. This volume, drawing insights from major theoretical orientations, demonstrates how psychotherapy can be tailored to patients’ varying needs and communication styles. Because treating personality disorders alleviates depression and vice versa, this approach offers new hope for progress in both realms. Using Theodore Millon's personality-guided psychology as a framework, author Neil R. Barkian illuminates how taking personality into account enables psychologists to tailor their interventions and thus improve the prospects for long-term recovery. For each personality type, the author explores how prevalent depression is; what promotes and maintains it; how psychological, biological, and social factors contribute to it; and the role of medications and of therapist reactions to the patient. This groundbreaking book offers practitioners, researchers, and students a framework for understanding how personality factors increase vulnerability to depression or help buffer against it" - Jacket. (PsychINFO Database Record (c) 2007 APA, all rights reserved)

Borderline Personality Disorder: National Collaborating Centre for Mental Health (Great Britain) 2009-01-01 This volume sets out clear recommendations for healthcare staff on how to diagnose and manage young people and adults who have borderline personality disorder, in order to significantly improve their treatment and care. The accompanying CD-ROM contains all of the evidence on which the recommendations are based.

Cognitive-Behavioral Treatment of Borderline Personality Disorder
Marcha M. Linehan 2018-08-07 For the average clinician, individuals with borderline personality disorder (BPD) often represent the most challenging, seemingly intractable cases. This volume is the authoritative presentation of dialectical behavior therapy (DBT), Marcha M. Linehan’s comprehensive, integrated approach to treating individuals with BPD. DBT is the first psychotherapy shown in controlled trials to be effective with BPD. It has since been adapted and tested for a wide range of other difficult-to-treat disorders involving emotion dysregulation. While focusing on BPD, this book is essential reading for clinicians delivering DBT to any clients with complex, multiple problems. Companion volumes: The latest developments in DBT skills training, together with essential materials for teaching the full range of mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance skills, are presented in Linehan’s DBT Skills Training Manual, Second Edition, and DBT Skills Training Handouts and Worksheets, Second Edition. Also available: Linehan’s instructive skills training videos for clients—Crisis Survival Skills: Part One, Crisis Survival Skills: Part Two, From Suffering to Freedom, This One Moment, and Opposite Action.

Journal of the American College of Rehabilitation Medicine 1990


Culture and Self
Mary Susan Thickett 1991

Borderline Personality Disorder in Adolescents, 2nd Edition
Blaise A. Agrawal 2014-09-15 This second edition of Borderline Personality Disorder in Adolescents offers parents, caregivers, and adolescents themselves a complete understanding of this complex and tough-to-treat disorder. It is a comprehensive guide which thoroughly explains what BPD is and what a patient's treatment options are, including an overview of the revolutionary new treatment called dialectic behavior therapy. Author Blaise A. Agrawal, M.D., one of the foremost experts in the field, describes recent advances in treatments and brings into focus what we know, and don't know, about this condition. Revised and updated from the previous edition, readers will learn all about the scientific development of BPD: treatment options (e.g., medication and therapy); myths and misunderstandings; tips and strategies for parents; the prognosis for BPD; and practical techniques for effective communication with those who have BPD. They will also hear from BPD adolescents and parents who have learned how to make the best of the cards they have been dealt. Here’s what some experts in the field had to say about the previous edition: "Families and their children with BPD will find this book a very useful guide as they struggle together toward a more fully realized life." - Mary C. Zaasen, Ed.D., Director, Laboratory for the Study of Adult Development, McLean Hospital and Professor of Psychology, Harvard Medical School "An absolute must-have book for every parent with a borderline child." - Randi Kreger, Creator of Stop Walking on Eggshells: Taking Your Life Back When Someone You Care about Has Borderline Personality Disorder "Borderline Personality Disorder in Adolescents is a limp overhaul book that eloquently and expertly addresses the wide-ranging issues surrounding borderline personality disorder in adolescents. This compassionate book is a must for parents with children suffering from borderline personality disorder, as well as clinicians, educators, pediatricians, and clergy trying to understand and help adolescents with this serious, chronic disorder." - Perry D. Hoffman, Ph.D., President, National Education Alliance for Borderline Personality Disorder

Aggressivity, Narcissism, and Self-Destructiveness in the Psychotherapeutic Rela-Otto Kernberg 2008-10-01 In this book a leading psychoanalytic clinician and theorician presents his thoughts on the latest psychoanalytic developments and insights related to treatment of severe personality disorders. Dividing his discussions into two sections, one on psychopathology and the other on psychotherapy, Dr. Otto F. Kernberg examines borderline personality disorder, narcissism, sexual inhibition, transference and countertransference, suicidal behavior, and eating disorders. In each chapter he integrates the ideas of European and Latin American psychoanalytic thinkers, bringing them to the attention of English-speaking readers. This book includes a selection of recently published journal articles. Their collection into one volume makes readily available Dr. Kernberg’s present thinking on an important subject.

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