PREGNANCY, DELIVERY, CHILDBIRTH
A Gender and Cultural History from Antiquity to the Test Tube in Europe

NADIA MARIA FILIPPINI
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Pregnancy, Delivery, Childbirth-Nadia Filippini 2020-07-13 This book reconstructs the history of conception, pregnancy and childbirth in Europe from antiquity to the 20th century, focusing on its most significant turning points: the emergence of a medical-scientific approach to delivery in Ancient Greece, the impact of Christianity, the establishment of the man-midwife in the 18th century, the medicalisation of childbirth, the emergence of a new representation of the foetus as "unborn citizen", and, finally, the revolution of reproductive technologies. The book explores a history that, far from being linear, progressive or homogeneous, is characterised by significant continuities as well as transformations. The ways in which a woman gives birth and lives her pregnancy and the postpartum period are the result of a complex series of factors. The book therefore places these events in their wider cultural, social and religious contexts, which influenced the forms taken by rituals and therapeutic practices, religious and civil prescriptions and the regulation of the female body. The investigation of this complex experience represents a crucial contribution to cultural, social and gender history, as well as an indispensable tool for understanding today’s reality. It will be of great use to undergraduates studying the history of childbirth, the history of medicine, the history of the body, as well as women's and gender history more broadly.

Birthing Justice-Julia Chinyere Oparah 2015-12-22 There is a global crisis in maternal health care for black women. In the United States, black women are over three times more likely to perish from pregnancy-related complications than white women; their babies are half as likely to survive the first year. Many black women experience policing, coercion, and disempowerment during pregnancy and childbirth and are disconnected from alternative birthing traditions. This book places black women's voices at the center of the debate on what should be done to fix the broken maternity system and foregrounds black women's agency in the emerging birth justice movement. Mixing scholarly, activist, and personal perspectives, the book shows readers how they too can change lives, one birth at a time.

Risk, Pregnancy and Childbirth-Kirstie Coxon 2018-10-11 Over the last hundred years, pregnancy and childbirth has become increasingly safe - yet it is still a site of risk, and a contested ground on which health professionals and pregnant women both face high costs of error. In this context, all those involved in managing pregnancy and birth are expected to identify and mitigate risk: pregnant women are subject to increasing surveillance to ensure the safety of the unborn foetus, and every aspect of childbearing is increasingly medicalised. This publication brings together fascinating social science research to explore the ways in which risk is both created and managed in pregnancy and childbirth. The introductory chapters reflect on the changing social context of childbirth, in particular the medicalisation of both pregnancy and childbirth with development of specialist practitioners, such as obstetricians and midwives who claim to have the knowledge, technology and skills to identify and manage the risks involved. The next three chapters that examine the ways in which women's behaviour during pregnancy is constructed as potentially risky -- for example smoking, drinking alcohol and taking drugs, and how these risks are monitored and mitigated. The final two parts of the book address the construction of and responses to both medicalisation and risk in childbirth. Altogether, it represents a valuable insight into the complex world of pregnancy, childbirth and risk. This book brings together editorials and articles originally published in special and open issues of Health, Risk and Society.

Therapeutic Arts in Pregnancy, Birth and New Parenthood-Susan Hogan 2020-08-06 Therapeutic Arts in Pregnancy, Birth and New Parenthood explores the use of arts in relation to infertility, pregnancy, childbirth and new parenthood. It is the first book to bring all these subjects together into one accessible volume with an international perspective. The book looks at the role of the arts in health with respect to the pregnancy

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journey, from conception to new parenthood. It introduces readers to the ways in which art is being used with women who are experiencing different stages of childbearing – who may be unable to conceive and are struggling with infertility treatment, or who experience miscarriage and loss, a traumatic birth, or grief over the loss of a baby. It also elucidates how art-making offers a means for women to express and understand their changed sense of self-identity and sexuality as a result of pregnancy and motherhood. The book has an international compass and is essential reading for arts therapy trainees and arts in health courses and will also be of interest to other health professionals and artists.

Reproductive Injustice - Dana-Ain Davis 2019-06-25 A troubling study of the role that medical racism plays in the lives of black women who have given birth to premature and low birth weight infants. Black women have higher rates of premature birth than other women in America. This cannot be simply explained by economic factors, with poorer women lacking resources or access to care. Even professional, middle-class black women are at a much higher risk of premature birth than low-income white women in the United States. Dána-Ain Davis looks into this phenomenon, placing racial differences in birth outcomes into a historical context, revealing that ideas about reproduction and race today have been influenced by the legacy of ideas which developed during the era of slavery. While poor and low-income black women are often the “mascots” of premature birth outcomes, this book focuses on professional black women, who are just as likely to give birth prematurely. Drawing on an impressive array of interviews with nearly fifty mothers, fathers, neonatologists, nurses, midwives, and reproductive justice advocates, Dána-Ain Davis argues that events leading up to an infant’s arrival in a neonatal intensive care unit (NICU), and the parents’ experiences while they are in the NICU, reveal subtle but pernicious forms of racism that confound the perceived class dynamics that are frequently understood to be a central factor of premature birth. The book argues not only that medical racism persists and must be considered when examining adverse outcomes—as well as upsetting experiences for parents—but also that NICUs and life-saving technologies should not be the only strategies for improving the outcomes for black pregnant women and their babies. Davis makes the case for other avenues, such as community-based birthing projects, doulas, and midwives, that support women during pregnancy and labor are just as important and effective in avoiding premature births and mortality.

A Book for Midwives - Susan Klein 2007

Pregnancy, Childbirth, Postpartum, and Newborn Care - World Health Organization. Reproductive Health and Research 2003 This guide provides a full range of updated, evidence-based norms and standards that will enable health care providers to give high quality care during pregnancy, delivery and in the postpartum period, considering the needs of the mother and her newborn baby. All recommendations are for skilled attendants working at the primary level of health care, either at the facility or in the community. They apply to all women attending antenatal care, in delivery, postpartum or post abortion care, or who come for emergency care, and to all newborns at birth and during the first week of life (or later) for routine and emergency care. This guide is a guide for clinical decision-making. It facilitates the collection; analysis, classification and use of relevant information by suggesting key questions, essential observations and/or examinations, and recommending appropriate research-based interventions. It promotes the early detection of complications and the initiation of early and appropriate treatment, including time referral, if necessary. Correct use of this guide should help reduce high maternal and perinatal mortality and morbidity rates prevalent in many parts of the developing world, thereby making pregnancy and childbirth safer.

Birth on the Threshold - Cecilia Van Hollen 2003-10-16
Even childbirth is affected by globalization—and in India, as elsewhere, the trend is away from home births, assisted by midwives, toward hospital births with increasing reliance on new technologies. And yet, as this work of critical feminist ethnography clearly demonstrates, the global spread of biomedical models of childbirth has not brought forth one monolithic form of “modern birth.” Focusing on the birth experiences of lower-class women in the South Indian state of Tamil Nadu, Birth on the Threshold reveals the complex and unique ways in which modernity emerges in local contexts. Through vivid description and animated dialogue, this book conveys the birth stories of the women of Tamil Nadu in their own voices, emphasizing their critiques of and aspirations for modern births today. In light of these stories, author Cecilia Van Hollen explores larger questions about how the structures of colonialism and postcolonial international and national development have helped to shape the form and meaning of birth for Indian women today. Ultimately, her book poses the question: How is gender—especially maternity—reconfigured as birth is transformed?

Counselling for Maternal and Newborn Health Care - World Health Organization. Department of Making Pregnancy Safer 2010
The main aim of this practical Handbook is to strengthen counselling and communication skills of skilled attendants (SAs) and other health providers, helping them to effectively discuss with women, families and communities the key issues surrounding pregnancy, childbirth, postpartum, postnatal and post-abortion care. The MNH Counselling Handbook is chiefly designed to be used by groups of SAs with the help of a facilitator. It can also be used by individual SAs who can get together with colleagues for discussions and activities where needed. It relies on a self-directed learning approach, allowing SAs to work at their own pace, drawing on their past counselling experience. The way it is used will be determined by each country’s context, and the SAs preference. The MNH Counselling Handbook is divided into three main sections. Part 1 is an introduction which describes the aims and objectives and the general layout of the Handbook. Part 2 describes the counselling process and outlines the six key steps to effective counselling. It explores the counselling context and factors that influence this context including the socio-economic, gender, and cultural environment. A series of guiding principles is introduced and specific counselling skills are outlined. Part 3 focuses on different maternal and newborn health topics, including general care in the home during pregnancy; birth and emergency planning; danger signs in pregnancy; post-abortion care; support during labour; postnatal care of the mother and newborn; family planning counselling; breastfeeding; women with HIV/AIDS; death and bereavement; women and violence; linking with the community. Each Session contains specific aims and objectives, clearly outlining the skills that will be developed and corresponding learning outcomes. Practical activities have been designed to encourage reflection, provoke discussions, build skills and ensure the local relevance of information. There is a review at the end of each session to ensure the SAs have understood the key points before they progress to subsequent sessions.

Birth Settings in America - National Academies of Sciences, Engineering, and Medicine 2020-05-01
The delivery of high quality and equitable care for both mothers and newborns is complex and requires efforts across many sectors. The United States spends more on childbirth than any other country in the world, yet outcomes are worse than other high-resource countries, and even worse for Black and Native American women. There are a variety of factors that influence childbirth, including social determinants such as income, educational levels, access to care, financing, transportation, structural racism and geographic variability in birth settings. It is important to reevaluate the United States’ approach to maternal and newborn care through the lens of these factors across multiple disciplines. Birth Settings in America: Outcomes, Quality, Access, and Choice reviews and evaluates maternal and newborn care in the United States, the epidemiology of social and clinical risks in pregnancy and childbirth, birth settings research, and access to and choice of birth settings.

What Makes a Baby - Cory Silverberg 2013-05-07
Geared to readers from preschool to age eight, What Makes a Baby is a book for every kind of family and every kind of kid. It is a twenty-first century children’s picture book about conception, gestation, and birth, which reflects the reality of our modern time by being inclusive of all kinds of kids, adults, and families, regardless of how many people were involved, their orientation, gender and other identity, or family composition. Just as important, the story doesn’t gender people or body parts, so most parents and families will find that it leaves room for them to educate their child without having to erase their own experience. Written by a certified sexuality educator, Cory Silverberg, and illustrated by award-winning artists, What Makes a Baby is a book every parent and child should have.
High Risk: Stories of Pregnancy, Birth, and the Unexpected-Chavi Eve Karkowsky 2020-03-10 A doctor’s revelatory account of pregnancy and the complexity of reproductive life—and everything we lose when we don’t speak honestly about women’s health. “My work offers a window into the darkest and lightest corners of people’s lives, into the extremes of human experience,” writes Dr. Chavi Eve Karkowsky in High Risk, her timely and unflinching account of working in maternal-fetal medicine—that branch of medicine that concerns high-risk pregnancies. Whether offering insight into the rise in home births, the alarming rise in America’s maternal mortality rate, or the history of involuntary sterilization, Karkowsky offers a window into all that pregnancy, labor, and birth can entail—birth and joy, but also challenge and loss—illustrating the complexity of reproductive life and the systems that surround it. With historical insight and journalistic verve, Karkowsky unpacks what is involved for women, for a family, and for us as a society; and explores what’s at risk when these aspects of medicine remain clouded in mystery and misinformation.

Maternal Transition-Candace Johnson 2014-07-11 What are the political dimensions that are revealed in women’s preferences for health care during pregnancy and childbirth? The answers to this question vary from one community to the next, and often from woman to the next, although the trends in the Global North and South are strikingly different. Employing three conceptual frames; medicalization, the public-private distinction, and intersectionality, Candace Johnson examines these differences through the narratives of women in Canada, the United States, Cuba, and Honduras. In Canada and the United States, women from privileged and marginalized social groups demonstrate the differences across the North-South divide, and women in Cuba and Honduras speak to the realities of severely constrained decision-making in developing countries. Each case study includes narratives drawn from in-depth interviews with women who were pregnant or who had recently had children. Johnson argues that women’s expressed preferences in different contexts reveal important details about the inequality that they experience in that context, in addition to as various elements of identity. Both inequality and identity are affected by the ways in which women experience the division between public and private lives – the life of the community and the life of the home and family – as well as the consequences of intersectionality – the combinations of various sources of disadvantage and women’s reactions to these, either in the form of resistance or compliance. The rigorous and highly original cross-cultural and comparative research on health, gender, poverty and social context makes Maternal Transition an excellent contribution to global maternal health policy debates.

It’s So Amazing!-Robie H. Harris 2014-09-09 “An outstanding book. . . . Meets the needs of those in-between or curious kids who are not ready, developmentally or emotionally, for It’s Perfectly Normal.” —Booklist (starred review) How does a baby begin? What makes a baby male or female? How is a baby born? Children have plenty of questions about reproduction and babies—and about sex and sexuality, too. It’s So Amazing! provides the answers—with fun, accurate, comic-book-style artwork and a clear, lively text that reflects the interests of children age seven and up in how things work, while giving them a healthy understanding of their bodies. Created by the author and illustrator of It’s Perfectly Normal, this forthright and funny book has been newly updated for its fifteenth anniversary.

Lying-in-Richard W. Wertz 1989-01-01 This lively history of childbirth begins with colonial days, when childbirth was a social event, and moves on to the gradual medicalization of childbirth in America as doctors forced midwives out of business and to the home-birth movement of the 1980’s. Widely praised when it was first published in 1977, the book has now been expanded to bring the story up to date. In a new chapter and epilogue, Richard and Dorothy Wertz discuss the recent focus on delivering perfect babies, with its emphasis on technology, prenatal testing, and Caesarean sections. They argue that there are many viable alternatives—including out-of-hospital births—in the search for the best birthing system. Review of the first edition: "Highly readable, extensively documented, and well illustrated...A welcome addition to American social history and women's studies. It can also be read with profit by health planners, hospital administrators, 'consumers' of health care, and all those who are concerned with improving the circumstances associated with childbirth."—Claire Elizabeth Fox, bulletin of the History of Medicine "A fascinating, brilliantly documented history not
merely of childbirth, but of men’s attitudes towards women, the effect of a burgeoning medical profession on our very conception of maternity and motherhood, and the influence of religion on medical technology and science.”--Thomas J. Cottle, Boston Globe “This superb book...is both an impeccably documented recitation of the chronological history of medical intervention in American childbirth and a sociological analysis of the various meanings given to childbirth by individuals, interested groups, and American society as a whole.”--Barbara Howe, American Journal of Sociology Richard W. Wertz, a builder in Westport, Massachusetts, is formerly an associate professor of American history at the Massachusetts Institute of Technology. Dorothy C. Wertz, is a research professor at the School of Public Health, Boston University

**Brought to Bed**-Judith Walzer Leavitt 1988-11-10 Based on personal accounts by birthing women and their medical attendants, Brought to Bed reveals how childbirth has changed from colonial times to the present. Judith Walzer Leavitt’s study focuses on the traditional woman-centered home-birthing practices, their replacement by male doctors, and the movement from the home to the hospital. She explains that childbearing women and their physicians gradually changed birth places because they believed the increased medicalization would make giving birth safer and more comfortable. Ironically, because of infection, infant and maternal mortality did not immediately decline. She concludes that birthing women held considerable power in determining labor and delivery events as long as childbirth remained in the home. The move to the hospital in the twentieth century gave the medical profession the upper hand. Leavitt also discusses recent events in American obstetrics that illustrate how women have attempted to retrieve some of the traditional women--and family--centered aspects of childbirth.

**Born in the USA**-Marsden Wagner 2008-05-21 Born in the USA examines issues including midwifery and the safety of out-of-hospital birth, how the process of becoming a doctor can adversely affect both practitioners and their patients, and why there has been a rise in the use of risky but doctor-friendly interventions, including the use of Cytotec, a drug that has not been approved by the FDA for pregnant women. Most importantly, this investigation, supported by many troubling personal stories, explores how women can reclaim the childbirth experience for the betterment of themselves and their children.”--Jacket.

**Reproducing Women**-Yi-Li Wu 2010-08-11 This innovative book uses the lens of cultural history to examine the development of medicine in Qing dynasty China. Focusing on the specialty of "medicine for women"(fuke), Yi-Li Wu explores the material and ideological issues associated with childbearing in the late imperial period. She draws on a rich array of medical writings that circulated in seventeenth- to nineteenth-century China to analyze the points of convergence and contention that shaped people's views of women's reproductive diseases. These points of contention touched on fundamental issues: How different were women's bodies from men's? What drugs were best for promoting conception and preventing miscarriage? Was childbirth inherently dangerous? And who was best qualified to judge? Wu shows that late imperial medicine approached these questions with a new, positive perspective.

**Indigenous Experiences of Pregnancy and Birth**-Hannah Neufeld Tait 2017 Traditional midwifery, culture, customs, understandings, and meanings surrounding pregnancy and birth are grounded in distinct epistemologies and worldviews that have sustained Indigenous women and their families since time immemorial. Years of colonization, however, have impacted the degree to which women have choice in the place and ways they carry and deliver their babies. As nations such as Canada became colonized, traditional gender roles were seen as an impediment. The forced rearrangement of these gender roles was highly disruptive to family structures. Indigenous women quickly lost their social and legal status as being dependent on fathers and then husbands. The traditional structures of communities became replaced with colonially informed governance, which reinforced patriarchy and paternalism. The authors in this book carefully consider these historic interactions and their impacts on Indigenous women's experiences. As the first section of the book describes, pregnancy is a time when women reflect on their bodies as a space for the development of life. Foods prepared and consumed, ceremony and other activities engaged in are no longer a focus solely for the mother, but also for the child she is carrying. Authors from a variety of places and perspectives thoughtfully express the historical along with contemporary forces positively and negatively impacting prenatal behaviours
and traditional practices. Place and culture in relation to birth are explored in the second half of the book from locations in Canada such as Manitoba, Ontario, British Columbia, the Northwest Territories, and Aotearoa. The reclaiming and revitalization of birthing practices along with rejuvenating forms of traditional knowledge form the foundation for exploration into these experiences from a political perspective. It is an important part of decolonization to acknowledge policies such as birth evacuation as being grounded in systemic racism. The act of returning birth to communities and revitalizing Indigenous prenatal practices are affirmation of sustained resilience and strength, instead of a one-sided process of reconciliation.

**Reproduction on the Reservation** - Brianna Theobald 2019-08-20 This pathbreaking book documents the transformation of reproductive practices and politics on Indian reservations from the late nineteenth century to the present, integrating a localized history of childbearing, motherhood, and activism on the Crow Reservation in Montana with an analysis of trends affecting Indigenous women more broadly. As Brianna Theobald illustrates, the federal government and local authorities have long sought to control Indigenous families and women’s reproduction, using tactics such as coercive sterilization and removal of Indigenous children into the white foster care system. But Theobald examines women’s resistance, showing how they have worked within families, tribal networks, and activist groups to confront these issues. Blending local and intimate family histories with the histories of broader movements such as WARN (Women of All Red Nations), Theobald links the federal government’s intrusion into Indigenous women’s reproductive and familial decisions to the wider history of eugenics and the reproductive rights movement. She argues convincingly that colonial politics have always been—and remain—reproductive politics. By looking deeply at one tribal nation over more than a century, Theobald offers an especially rich analysis of how Indigenous women experienced pregnancy and motherhood under evolving federal Indian policy. At the heart of this history are the Crow women who displayed creativity and fortitude in struggling for reproductive self-determination.

**Contested Bodies** - Sasha Turner 2017-05-05 It is often thought that slaveholders only began to show an interest in female slaves' reproductive health after the British government banned the importation of Africans into its West Indian colonies in 1807. However, as Sasha Turner shows in this illuminating study, for almost thirty years before the slave trade ended, Jamaican slaveholders and doctors adjusted slave women’s labor, discipline, and health care to increase birth rates and ensure that infants lived to become adult workers. Although slaves’ interests in healthy pregnancies and babies aligned with those of their masters, enslaved mothers, healers, family, and community members distrusted their owners' medicine and benevolence. Turner contends that the social bonds and cultural practices created around reproductive health care and childbirth challenged the economic purposes slaveholders gave to birthing and raising children. Through powerful stories that place the reader on the ground in plantation-era Jamaica, Contested Bodies reveals enslaved women’s contrasting ideas about maternity and raising children, which put them at odds not only with their owners but sometimes with abolitionists and enslaved men. Turner argues that, as the source of new labor, these women created rituals, customs, and relationships around pregnancy, childbirth, and childrearing that enabled them at times to dictate the nature and pace of their work as well as their value. Drawing on a wide range of sources—including plantation records, abolitionist treatises, legislative documents, slave narratives, runaway advertisements, proslavery literature, and planter correspondence—Contested Bodies yields a fresh account of how the end of the slave trade changed the bodily experiences of those still enslaved in Jamaica.

**Birth Models That Work** - Robbie Davis-Floyd 2009-03-07 "This book is a major contribution to the global struggle for control of women's bodies and their giving birth and should be read by all obstetricians, midwives, obstetric nurses, pregnant women and anyone else with interest in maternity care. It documents the worldwide success of programs for pregnancy and birth which honor the women and put them in control of their own reproductive lives."—Marsden Wagner, MD, author of Born In The USA: How a Broken Maternity System Must Be Fixed to Put Women and Children First

**Wombs in Labor** - Amrita Pande 2014-09-30 Surrogacy is IndiaÔs new form of outsourcing, as couples from all over the world hire Indian women to bear their children for a fraction of the cost of surrogacy elsewhere with little to no government oversight or regulation. In the first detailed ethnography of IndiaÔs surrogacy industry,
Amrita Pande visits clinics and hostels and speaks with surrogates and their families, clients, doctors, brokers, and hostel matrons in order to shed light on this burgeoning business and the experiences of the laborers within it. From recruitment to training to delivery, Pande's research focuses on how reproduction meets production in surrogacy and how this reflects characteristics of India's larger labor system. Pande's interviews prove surrogates are more than victims of disciplinary power, and she examines the strategies they deploy to retain control over their bodies and reproductive futures. While some women are coerced into the business by their families, others negotiate with clients and their clinics to gain access to technologies and networks otherwise closed to them. As surrogates, the women Pande meets get to know and make the most of advanced medical discoveries. They traverse borders and straddle relationships that test the boundaries of race, class, religion, and nationality. Those who focus on the inherent inequalities of India's surrogacy industry believe the practice should be either banned or strictly regulated. Pande instead advocates for a better understanding of this complex labor market, envisioning an international model of fair-trade surrogacy founded on openness and transparency in all business, medical, and emotional exchanges.

The Social Context of Birth-Caroline Squire 2003 All babies are born into a social context and all women give birth within a social context. This is often neglected in the technocratic modern culture of childbirth. This title provides insights for midwives, nurses, obstetricians and health visitors into the many different lives, experiences and expectations of women in their childbearing years.; Providing an understanding of the impact of social circumstances on women giving birth, their babies and families in the 21st century, this title explains to midwives and other health professionals how social issues, such as domestic violence, race a.

The Birth Partner-Penny Simkin 2013 Since the original publication of The Birth Partner in 1989, new mothers' mates, friends, and relatives and doulas (professional birth assistants) have relied on Penny Simkin’s guidance in caring for the new mother from the last few weeks of pregnancy through the early postpartum period. Fully revised in its third edition, The Birth Partner remains the definitive guide for preparing to help a woman through childbirth and the essential manual to have at hand during the event. This completely updated edition includes thorough information on: Preparing for labor and knowing when it has begun; Normal labor and how to help the woman every step of the way; Epidurals and other medications for labor; Non-drug techniques for easing labor pain; Cesarean birth and complications that may require it; Breastfeeding and newborn care; And much more. For the partner who wishes to be truly helpful in the birthing room, this book is indispensable.

How to Get Pregnant with a Girl-Cythia Lewis 2012-10-15 Who Said Getting Pregnant With A Girl Is Hard? This book is a step-by-step guide that reveals the various strategies you can try today to conceive your baby girl. Full of tips and tricks, that are easy to apply, the book focuses on natural, non-invasive methods and techniques you can implement in the privacy of your own home at no cost and without risk. These methods are simple and cost-effective ways to achieve a beautiful baby girl of your own. Read This Book and Discover: The best foods and supplements to eat pre-conception How to time your intercourse for the best results Powerful Meditations and Visualizations to manifest your baby girl The Pros and Cons of using High Tech Methods Not only mothers-to-be, but also fathers-to-be will find: complete and interesting advice for having your desired baby girl. You do not have to leave the gender of your baby entirely to fate. The book shows you the steps to take to up your chances of having the baby girl you are dreaming of. Mistakes that you may be making are covered, along with the factors that influence the conception of a baby girl. It shows why pH levels are important for the mother-to-be as well as how to determine ovulation and using that information to your advantage. In a nutshell, the book is a complete manual drawing together, in an easy to read and understandable manner, the various non-risk and natural methods for choosing the gender of your baby, the baby girl of your dreams. About The Author As a proud mother of 7, her extensive background in natural health therapies and biology inspired her to create a book that is both entertaining and full of useful information that can easily be implemented by soon to be moms. Her own experiences with the techniques covered as well as her family, friends and readers experiences have been distilled to create a roadmap to your personal success. Start your journey to a beautiful baby girl today with The Gender Selection Manual!
Belly Laughs-Jenny McCarthy 2011-08-01

CONCEPTION, PREGNANCY & BIRTH PB-Catherine A. Niven 1996-03-11 Twelve essays address both normal reproductive experiences and problems which can occur, drawing on current psychological theory and research. Intended for undergraduate and graduate students in psychology, nursing, and midwifery.
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Perceptions of Pregnancy from the Seventeenth to the Twentieth Century-Jennifer Evans 2016-12-31 This multi-disciplinary collection brings together work by scholars from Britain, America and Canada on the popular, personal and institutional histories of pregnancy. It follows the process of reproduction from conception and contraception, to birth and parenthood. The contributors explore several key themes: narratives of pregnancy and birth, the patient-consumer, and literary representations of childbearing. This book explores how these issues have been constructed, represented and experienced in a range of geographical locations from the seventeenth to the twentieth century. Crossing the boundary between the pre-modern and modern worlds, the chapters reveal the continuities, similarities and differences in understanding a process that is often, in the popular mind-set, considered to be fundamental and unchanging.

The Baby Book-William Sears 2008-11-16 The classic guide of the post-Dr. Spock generation has been revised to include the latest information on virtually every aspect of infant and baby care. THE BABY BOOK is unrivaled in its scope and authority, and presents a practical, contemporary approach to parenting that reflects the way we live today. Focusing on the essential needs of babies—eating, sleeping, development, health, and comfort—it addresses the questions of greatest concern to parents. The Searses acknowledge that there is no one way to parent a baby, and they offer the basic guidance and inspiration you need to develop the parenting style that best suits you and your child. THE BABY BOOK is a rich and invaluable resource that will help you get the most out of parenting—for your child, for yourself, and for your entire family.

The Birth Of A Mother-Daniel N. Stern 1998-12-03 As you prepare to become a mother, you face an experience unlike any other in your life. Having a baby will redirect your preferences and pleasures and, most likely, will realign some of your values. As you undergo this unique psychological transformation, you will be guided by new hopes, fears, and priorities. In a most startling way, having a child will influence all of your closest relationships and redefine your role in your family’s history. The charting of this remarkable, new realm is the subject of this compelling book. Renowned psychiatrist Daniel N. Stern has joined forces with pediatrician and child psychiatrist Nadia Bruschweiler-Stern and journalist Alison Freeland to paint a wonderfully evocative picture of the psychology of motherhood. At the heart of The Birth of a Mother is an arresting premise: Just as a baby develops physically in utero and after birth, so a mother is born psychologically in the many months that precede and follow the birth of her baby. The recognition of this inner transformation emerges from hundreds of interviews with new mothers and decades of clinical experience. Filled with revealing case studies and personal comments from women who have shared this experience, this book will serve as an invaluable sourcebook for new mothers, validating the often confusing emotions that accompany the development of this new identity. In addition to providing insight into the unique state of motherhood, the authors touch on related topics such as going back to work, fatherhood, adoption, and premature birth. During pregnancy, mothers-to-be talk about morning sickness and their changing bodies, and new mothers talk about their exhaustion, the benefits of nursing or bottle-feeding, and the dilemma of whether or when they should return to work. And yet, they can be strangely mute about the dramatic and often overwhelming changes going on in their inner lives. Finally, with The Birth of a Mother, these powerful feelings are eloquently put into words.

Natural Hospital Birth-Cynthia Gabriel 2017-08 These days, many mothers-to-be find themselves torn between the desire for a natural childbirth with minimal medical intervention and the peace of mind offered by instant access to life-saving technology that only a hospital can provide. In Natural Hospital Birth, doulas Cynthia Gabriel asserts that there is no good reason that women in North America should not be able to have
both. She shows expectant mothers what they can do to avoid unnecessary medical interventions and how to take initiative and consciously prepare for the kind of birth they want to have. Also included are inspiring stories from other women who know firsthand that natural birth in the hospital is possible. With this book, mothers-to-be will be equipped with the knowledge they need to ensure a satisfying hospital birth that they will look back on with peace and joy.

**Birth in the Age of AIDS**-Cecilia Van Hollen 2013-04-03 Birth in the Age of AIDS is a vivid and poignant portrayal of the experiences of HIV-positive women in India during pregnancy, birth, and motherhood at the beginning of the 21st century. The government of India, together with global health organizations, established an important public health initiative to prevent HIV transmission from mother to child. While this program, which targets poor women attending public maternity hospitals, has improved health outcomes for infants, it has resulted in sometimes devastatingly negative consequences for poor, young mothers because these women are being tested for HIV in far greater numbers than their male spouses and are often blamed for bringing this highly stigmatized disease into the family. Based on research conducted by the author in India, this book chronicles the experiences of women from the point of their decisions about whether to accept HIV testing, through their decisions about whether or not to continue with the birth if they test HIV-positive, their birthing experiences in hospitals, decisions and practices surrounding breast-feeding vs. bottle-feeding, and their hopes and fears for the future of their children.

**As You Grow**-Korie Herold 2018-04-10 A modern take on a baby memory book and journal, As You Grow stands out from the crowd with its elegant, chic, and timeless design. The gender-neutral artwork with guided sections provide space for every family to record moments from pregnancy to age five. Author and illustrator Korie Herold poured over every page, adding artistic detail and flourishes that work to create a book you can interact with now, and look back on for a lifetime. This chic design promotes longevity, as this book is intended to be shared and displayed for years to come. Breaking from norms, this book is written in a way to be inclusive of every modern family. Sections include: Pregnancy to birth Baby’s first weeks Baby’s first year Development to age 5 Firsts, milestones, and precious, sweet, and silly moments to remember Lined pages for journal entries and letters for your child Features -Chic, gender-neutral design -Elegant linen cover -Generous 9.75” x 9.75” trim size offers ample space for photos -Lay-flat design allows you to easily write in the book -Pocket section dividers provide space to safely store keepsakes -Carefully developed designs and prompts allow to you reflect and celebrate

**Trans Bodies, Trans Selves**-Laura Erickson-Schroth 2014-05-12 There is no one way to be transgender. Transgender and gender non-conforming people have many different ways of understanding their gender identities. Only recently have sex and gender been thought of as separate concepts, and we have learned that sex (traditionally thought of as physical or biological) is as variable as gender (traditionally thought of as social). While trans people share many common experiences, there is immense diversity within trans communities. There are an estimated 700,000 transgendered individuals in the US and 15 million worldwide. Even still, there’s been a notable lack of organized information for this sizable group. Trans Bodies, Trans Selves is a revolutionary resource-a comprehensive, reader-friendly guide for transgender people, with each chapter written by transgender or genderqueer authors. Inspired by Our Bodies, Ourselves, the classic and powerful compendium written for and by women, Trans Bodies, Trans Selves is widely accessible to the transgender population, providing authoritative information in an inclusive and respectful way and representing the collective knowledge base of dozens of influential experts. Each chapter takes the reader through an important transgender issue, such as race, religion, employment, medical and surgical transition, mental health topics, relationships, sexuality, parenthood, arts and culture, and many more. Anonymous quotes and testimonials from transgender people who have been surveyed about their experiences are woven throughout, adding compelling, personal voices to every page. In this unique way, hundreds of viewpoints from throughout the community have united to create this strong and pioneering book. It is a welcoming place for transgender and gender-questioning people, their partners and families, students, professors, guidance counselors, and others to look for up-to-date information on transgender life.
Coming to Life-Sarah LaChance Adams 2013 Coming to Life does what too few scholarly works have dared to attempt: It takes seriously the philosophical significance of women's lived experience. Every woman, regardless of her own reproductive story, is touched by the beliefs and norms governing discourses about pregnancy, childbirth, and mothering. The volume's contributors engage in sustained reflection on women's experiences and on the beliefs, customs, and political institutions by which they are informed. They think beyond the traditional pro-choice/pro-life dichotomy, speak to the manifold nature of mothering by considering the experiences of adoptive mothers and birthmothers, and upend the belief that childrearing practices must be uniform, despite psychosexual differences in children. Many chapters reveal the radical shortcomings of conventional philosophical wisdom by placing trenchant assumptions about subjectivity, gender, power and virtue in dialogue with women's experience.

Women in the Labor Force- 2006

Before Birth-Julie Currin 2015-12-16 As a graduate of medical school and practicing pediatrician, Dr. Julie Currin was intimately aware of the amazing stages of fetal growth and development occurring during each of her three pregnancies. It wasn't until her own sister's pregnancy, however, that Currin realized how little reliable and accessible information was available to expectant parents who haven't had the benefit of complex embryology and anatomy classes. So, with her sister and her sister's rapidly growing unborn child in mind, Currin set out to translate the complex stages of growth she learned about during medical school courses into a compilation of fun, interesting, and scientifically sound information that expectant parents can understand. Now she's making Before Birth available to everyone. Organized according to the forty-week model of pregnancy, Currin uses clear language and colorful illustrations to convey the complex mystery of fetal development to audiences unfamiliar with or daunted by medical terminology. While other books focus on the changes to the mother's body, Before Birth focuses specifically on the rapid growth of the tiny being inside the mother- allowing parents to ask informed questions at prenatal visits and marvel at their child's magnificence before they ever meet.

Why Birth Trauma Matters-Emma Svanberg When we think about trauma and PTSD we tend to think about war and conflict. But around a third of women feel some part of their birth was traumatic. This experience can impact on their mental and physical health, their relationships and future plans. In Why Birth Trauma Matters, Dr Emma Svanberg, clinical psychologist and co-founder of Make Birth Better, explores what happens to those who go through a bad birth. She explains in detail how birth trauma occurs, examines the wide-ranging impact on all of those involved in birth, and looks at treatments and techniques to aid recovery. By drawing on her own research and the work of experts in the field, and sharing the first-hand experiences of women, she shows how it is possible to begin to move on.

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