Care Of The Soul: A Guide For Cultivating Depth And Sacredness In Everyday Life

Soul Therapy - Thomas Moore 2021-05-25 The New York Times bestselling author of the classic The Care of the Soul addresses the needs of those providing soul care to others—therapists, psychologists, ministers, spiritual directors, teachers, and even friends—sharing his insights for incorporating a spiritual or soulful dimension into their work and practices. Soul Therapy is the culmination of Thomas Moore’s work. In his previous acclaimed books, he explored the soul in important areas of our lives—work, marriage, family, religion, and aging. In this new guide, he once again returns to his core variables: looking at practitioners—therapists, psychologists, ministers, spiritual directors, and others—how to offer soul care to those they assist. A training manual infused with a lifetime of wisdom, Soul Therapy is divided into three sections. What therapy is “real care” to and how it works. What soul work is required of the helper to be able to address the needs of others. How to access and more forcefully the spiritual dimension, and how to incorporate it into daily practices. 

Care of the Soul Twenty-fifth Anniversary Edition - Thomas Moore 2016-01-26 #1 New York Times bestseller With a new introduction by the author and additional material, this 25th anniversary edition of the #1 New York Times bestseller by Thomas Moore provides a powerful spiritual message for our troubled times. In his special 25th anniversary edition of Care of the Soul, Moore explores the myriad possibilities of creating a personal spiritual style, whether inside or outside formal religious traditions. This new edition of Moore’s beloved classic teaches how to transform one’s life, our community, and the world. 

A Religion of One’s Own - Thomas Moore 2015-01-06 Thomas Moore explores the myriad possibilities of creating a personal spiritual style, whether inside or outside formal religious traditions. Twenty years ago, Moore’s Care of the Soul launched a book with brilliant insights into how spirituality adds to lives—now he offers a new book with similar intention, but from the vantage point of aging and a fresh perspective. This new book will again speak to readers—whether young or old—reaching the point in life when spirituality becomes more central to living a meaningful life. 

Care of the Soul in Medicine - Thomas Moore 2011-07 Care of the Soul in Medicine is Moores manifesto about the future of healthcare. In this new vision of medical care, Moore argues for a new approach to medicine that incorporates the spiritual aspects of healing. He asserts that healing is not just about treating the body but also about healing the soul. 

Medical Care of the Soul - Bruce G. Bartlow 2000 By accepting the inevitability of death—our own, or that of a loved one or patient—we take control of however many days or years remain, and we become empowered to live these days with dignity and love.